



**Higher Ed  
EAP** A division of ESI

# Accessing

## Self-help EAP Benefits

### LOG IN & REGISTRATION STEP-BY-STEP INSTRUCTIONS

1. Log on to [www.HigherEdEAP.com](http://www.HigherEdEAP.com)
2. Click **Employee & Family Login**
3. If you've already created a User Name and Password, simply enter that information in the appropriate boxes. **If you have not registered, complete steps 4-5.**
4. Click on **REGISTER**
5. Fill out the Registration Form and create your own User Name and Password, then click **REGISTER**. **You only need to register once.**

ESI Employee Assistance Group

WELCOME

You and your family members can access over 25,000 proprietary self-help resources to help resolve personal problems or improve your personal and professional lives. Please login or register.

REGISTER

RECOVER PASSWORD

Sign In

User Name: \_\_\_\_\_

Password: \_\_\_\_\_

Recover Password  
Recover Username

SIGN IN

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Register

User Name \_\_\_\_\_

First Name \_\_\_\_\_

Last Name \_\_\_\_\_

Organization Name \_\_\_\_\_

Email Address \_\_\_\_\_

Password (7 character minimum) \_\_\_\_\_

Verify Password \_\_\_\_\_

Reminder  
What is your mother's maiden name? \_\_\_\_\_

Passphrase \_\_\_\_\_

I agree to the terms of use

REGISTER