

## ***Facing Challenges with Child or Elder Care?***

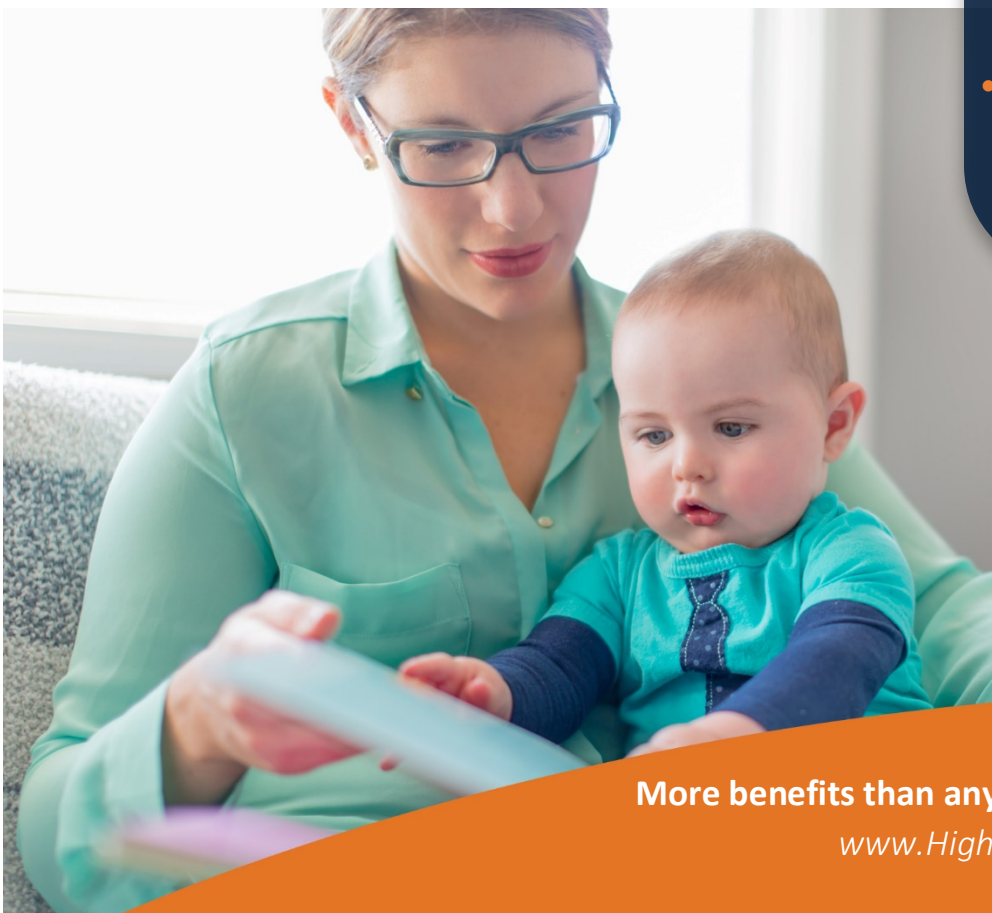
Because child and elder care issues are so prevalent, we address them in a special way. While counseling and referral services are always available, we also provide access to a variety of dependent care information and assistance. When you call the EAP, a specialist will conduct a search for local elder or child care providers and deliver a list of local services. We also have a full array of child and elder care self-help resources on our member website that includes a collection of articles, tools and links.

***If you need assistance with finding child care resources or you are dealing with the challenges of being a caregiver, call the EAP toll-free number or log on to [www.HigherEdEAP.com](http://www.HigherEdEAP.com). Your EAP can help!***

*To access the Child Care and Elder Care benefits, log on to our website: [www.HigherEdEAP.com](http://www.HigherEdEAP.com)*

- Click the **“Employee & Family Login”**
- Click **“Register here”** (or sign in if you have previously registered)
- **Enter your Employer** and click the Continue button - your employer’s name will appear; select the button and click **Continue**.
- Create your own **username** and **password** by filling out the **Registration Form** and then click **Continue**. *You only need to register once.*
- Click the Caregiver Resources, Work Life, Legal, or Locator icons.
- Or you can call one of our counselors who can mail the information to you.

**1-800-252-4555 or 1-800-225-2527**



**More benefits than any other EAP**

*[www.HigherEdEAP.com](http://www.HigherEdEAP.com) • 1-800-252-4555*